

Sunday-Saturday • 10am-5pm
 Tuesday • 12pm-5pm
 Phone: 503-393-4273
 Email: info@roccsaalem.org
 1190 Broadway St NE • Salem, OR



Resource Navigation
 Phone: 971-900-8926
 OHP Assistors available!

Peer Support available by phone!
 Phone: 971-718-8668
 Saturday - Wednesday 10am-4pm



2025 OCTOBER CALENDAR

Sunday

10:30-11:30am
COFFEE CLUTCH

1-3pm
ART & STUFF



POP ART
PAINTING CLASS
 Sunday, October 12th
 1 - 4pm
 ALL SUPPLIES INCLUDED
 AND YOU GET TO KEEP
 YOUR PAINTING!
 BEGINNERS WELCOME!
TO REGISTER EMAIL
LARA@ROCCSALEM.ORG
12 spots available!

ACCESS ONLINE GROUPS
 AT ROCCSALEM.ORG

Monday

10-11am
COFFEE CLUTCH

11-12pm
CREATIVITY
RECOVERY
 ZOOM Meeting ID:
820 3790 6900

1-2pm
FOUR AGREEMENTS
 ZOOM Meeting ID:
846 7766 7348

2-4pm
MOVIE MONDAY



OCTOBER BIRTHDAY CELEBRATION WEDNESDAY, OCTOBER 15TH FROM 12-2PM

JOIN US AT OUR COMMUNITY CENTER FOR A
 FUN-FILLED CELEBRATION WITH CAKE, GAMES, AND
 MUSIC. WHETHER YOU'RE CELEBRATING A
 BIRTHDAY OR JUST LOVE GOOD COMPANY,
 EVERYONE IS WELCOME TO SHARE IN THE JOY!



CAKES MADE AND SPONSORED BY
 MICHELLE ASHLEY!

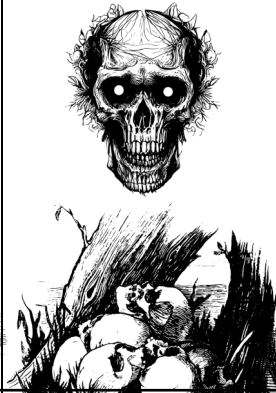


Tuesday

1-2pm
EMOTIONAL
AWARENESS
 ZOOM Meeting ID:
820 1254 4213

2-4pm
ART & STUFF

3-4:30pm
KARAOKE
 WITH KJ
 THE LAST OUTLAW



Wednesday

10-11am
COFFEE CLUTCH

11-12pm
SUBSTANCE ABUSE
RECOVERY COHORT

12-1pm
DDA
 WITH GREG



1-1:30pm
WALK WITH ROCC
 WITH KATE

2-3pm
SMART RECOVERY
 WITH LARA
 ZOOM Meeting ID:
880 7674 2750

3-4pm
MENDING THE MIND
 WITH KATE

4:15-4:45pm
CHAIR YOGA



FREE HAIRCUTS
 BY A LICENSED
 PROFESSIONAL
 Oct. 2nd at 12:30
 SIGN UP SHEET
 LOCATED AT THE FRONT
 DESK
5 spots
available!

Thursday

10-11am
COFFEE CLUTCH

10:30am-12pm
BEADING

12-12:30pm
MEDITATION
 ZOOM Meeting ID:
896 9060 5067

1-2pm
8 DIMENSIONS OF
WELLNESS
 ZOOM Meeting ID:
120 078 320

2-4pm
ART & STUFF

3:30-4:30pm
COMMUNITY MEETING
October 9th
Pizza & Conversation



KEY BANK
WILL BE AT ROCC
Oct 16th
1-3pm
 Consults in the DIC

DENTAL VAN
WILL BE AT ROCC
OCT. 9TH
10AM - 2PM
 NO APPOINTMENTS OR
 INSURANCE NECESSARY!

Friday

10-11am
COFFEE CLUTCH

12-1pm
VOICES & VISIONS
 ZOOM Meeting ID:
862 1620 6993

1:30-2:30pm
TRAUMA SUPPORT
 ZOOM Meeting ID:
871 0581 2688

3-4pm
GAME NIGHT



HOAP AT ROCC!
 Every Friday!
 11am - 3pm
 • OHP ASSISTING
 • RESOURCE NAVIGATION
 • ID CARDS
 • NOTARY



Saturday

11-11:30pm
MEDITATION
 ZOOM Meeting ID:
810 9973 2913

12-1pm
LIVING WITH
CHRONIC PAIN
 WITH ED
 ZOOM Meeting ID:
825 1567 2741



2:30-3:30pm
SMART RECOVERY
 WITH LARA
 ZOOM Meeting ID:
654 244 195



EZ ORCHARDS ROCC'OUT WEDNESDAY, OCTOBER 22ND FROM 10AM-12PM

•PUMPKIN PATCH •CORN MAZE •CIDER •SPICED DO-
 NUTS •PETTING ZOO
 JOIN ROCC FOR SOME FALL FUN!!
 MEET AT ROCC AT 9:00AM TO CHECK IN. SIGN UP
 AT FRONT DESK IN DIC
 HAVE QUESTIONS, EMAIL LARA@ROCCSALEM.ORG
30 SPOTS AVAILABLE! NO PETS ALLOWED.

